



Mount

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Athletic Handbook

2018-19

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MID-WINTER & SPRING SPORTS PROGRAM

FVL Track & Field Day (Middle of May)

Boys and Girls 5th - 8th grade

1. Organized practice occurs during Physical Education classes.
2. The 5th and 6th grades participate in the morning and the 7th and 8th grades participate in the afternoon on the day of the track meet.
3. All students are expected to participate in at least one track event.
4. **Volunteers are needed in order to allow this annual FVL federation track meet to run smoothly. Parents are asked to volunteer.**

Volleyball

A Team - presently limited to girls

B Team - presently limited to girls

C Team – presently limited to girls

1. There will be no more than three events in a week. An event is considered a game or a practice.
2. The season begins in August and runs through October.
3. The season includes about 5-7 matches and 1-3 tournaments.
4. Uniforms are provided.
5. Additional tournaments may be considered by the coaches.

Participating in additional tournaments must be approved by the Athletic Director and MOAA Exec. Com. prior to registering for them.

Soccer

5th - 8th grade boys and girls (coed)

1. There will be no more than three events in a week. An event is considered a game or a practice.
2. The season begins August and runs through October.
3. The season includes 5-7 matches and 1-3 tournaments.
4. Additional games for 5-7th grade may be scheduled with proper approval.
5. Uniforms are provided
6. Additional tournaments may be considered by the coaches.

Participation in additional tournaments must be approved by the Athletic Director and MOAA Exec. Com. prior to registering for them.

Cross Country

3rd - 8th grade boys and girls (coed)

There are 4 or 5 meets held in Sept.-Oct. (Mondays). Practices are held 1-2 times per week.

MOUNT OLIVE MISSION STATEMENT

Mount Olive Evangelical Lutheran School assists parents with Christian training of children for life and eternity, provides academic excellence in the light of God's Word, and reflects the light of Jesus in the community and beyond.

MOUNT OLIVE ATHLETIC ASSOCIATION (MOAA)

The MOAA, Mount Olive Athletic Association, is a parent organization and was formed to support and maintain the interscholastic athletic programs of our school. **All LES parents are members of MOAA.** The MOAA “Executive Committee” is the leadership committee, consisting of 5-6 members, the athletic director, and a liaison member from the Board of Christian Education.

GOAL

To support and maintain the interscholastic athletics program of Mount Olive Lutheran School.

OBJECTIVES

The MOAA will seek to enhance the Christian character of Mount Olive student athletics by:

1. Encouraging participation in sporting events.
2. Developing and implementing guidelines for participation and conduct which are consistent with school policies for Christian behavior.
3. Reviewing the athletic program and recommending changes.
4. Encouraging coaches to promote the positive value of competition and helping to instill in student athletes a Christian per-

spective toward winning and losing.

RULES AND GUIDELINES

Mount Olive Lutheran School exists for the purpose of offering a Christian Education to its students. Athletics, like other extra-curricular activities at Mount Olive, provide an important part of a student's Christian education. Coaches at Mount Olive are expected to function as Christian teachers. To make athletics a truly educational experience, both coaches and parents must work together to help nurture a child in his/her Christian training.

1. In order to comply with federation league rules, homeschooled students will not be allowed to participate in athletics.
2. Academic eligibility is reviewed by the Board of Christian Education and implemented by the athletic director. We expect students to recognize that academic success is a priority over the privilege of extra-curricular activities. We expect all students to have better than two D's or one F (better than 2 N's or one U) to participate in extra-curriculars. Also, any student that has an incomplete at the end of the quarter is ineligible to participate in any event until the work is made up. If your child does not meet these expectations at the end of school quarters, your child will be placed on probation. Probation includes a meeting between you and your child's teacher to discuss ways to help your child in the classroom, and there will be a re-evaluation of your child's grades roughly four weeks after the meeting with the teacher. If your child does not meet Mount Olive's grade expectations at the reevaluation period, then your child would become ineligible to participate in extra-curricular activities. All grades will be reevaluated at each quarter to determine eligibility/probation status. For the Fall Sports season, your child's grades at the end of the fourth quarter of the previous school year will determine if your child will be on probation or not to start the next school year.
3. An Athletic Fee of \$15.00 is assessed for each sport. This fee is assessed on the school registration form at the beginning of the school year.

of time in each game. This will ensure that every player will get the chance to be prepared for the next level. All players will have the opportunity to start at least one game during the regular season.

B team: We consider this level also to be developmental. The goal is to make everyone a better player. Each player will play in every game. At this level, some players may get a little more playing time, especially in tournaments. Again, we want the players to be prepared for the next level. All players will have the opportunity to start at least one game during the regular season.

A team: We consider this to be our competitive level. The goal is to make each player and the team better during the season. The playing time will not be equal because we will be more aggressive to win games. **While the intent is for every student to play in each game, situations may arise in which a student does not play in a particular game.** In tournaments at this level, playing time is not guaranteed.

We believe practice is vital to our program. **Playing time for a student at any level will be affected if he/she consistently misses practice.**

FALL SPORTS PROGRAM

coaching a large or small number of athletes, both in games and practices.

2. The concern parents and relatives have for playing time and the frustration caused when parents follow the team only to see their child sit on the bench.
3. Financial considerations in outfitting a large squad.
4. Fox Valley WELS Athletic League rules (e.g. tournament rules or half limits)
5. Based on class sizes, try-outs may be used to determine team rosters.

PLAYING TIME GUIDELINES

C team: We consider this level to be developmental. Although we play to win, the main goal is to make everyone a better player. For that reason, every player will play about the same amount

MOAA EXECUTIVE COMMITTEE

The Mount Olive Athletic Association Executive Committee is a group of volunteer church members interested in supporting and maintaining a sound athletic program for the school. The executive committee includes 5-6 volunteers, a representative from the Board of Christian Education, and the Athletic Director. The committee is governed by the constitution by-laws and reports to the Board of Christian Education.

MOAA EXECUTIVE COMMITTEE'S RESPONSIBILITIES

1. Work with the Athletic Director soliciting coaches for Board of Christian Education approval.
2. Review each coach's performance following the conclusion of his/her season with the intent of offering constructive suggestions for continuing improvement. These suggestions are to be given to the coaches by the athletic director.
3. Ensure that all uniforms and equipment are in respectable and safe condition.
4. **Be responsible for soliciting, training and scheduling of bookkeepers, concessions, and clean up "volunteers" and tournament directors that are needed for successfully hosting all home games and tournaments sponsored by Mount Olive.**
5. Support athletic programs by obtaining funds within the guidelines provided by our Board of Stewardship.
6. Keep track of funds.

ATHLETIC CODE OF CONDUCT

Each student athlete is responsible for his/her own behavior.

Violation of any of the following, but not limited to them, could result in suspension or expulsion from that team.

1. Profane language will not be tolerated.
2. Athletes may not participate in any unlawful activities.
3. There will be no use of alcoholic beverages, tobacco, or unlawful drugs. Possession constitutes use.
4. Suspension in or from school for any part of the school day.

ATHLETE'S RESPONSIBILITIES

1. All athletes must meet academic responsibilities and code of conduct guidelines.
2. All students are expected to complete their season on their respective team. If a student wants to quit a team, the student and his/her parents are expected to meet with the coach prior to making that decision. Any student who quits a team prior to the end of the season forfeits any athletic award for that season.
3. Each player is responsible for his/her uniform. The uniform should be returned to the coach or Athletic Director within one week of the end of the season in the condition it was received at the beginning of the season (with allowance for normal wear and usage). If loss or damages occur, for any reason, the student shall incur the cost of either replacement value or amount of damages.
4. All items worn along with the game uniforms must align with league rules and receive coaches approval.
5. All athletes must display good sportsmanship toward their fellow teammates, coaches, referees, fans and opposing team.

resolve the conflict. It is highly encouraged to give at least 24 hours of time between the incident and a contact or meeting with the coach.

3. The student, parent(s) and coach should approach the Athletic Director.
4. The student and parent(s) and coach are to meet with the Principal.
5. The student, parent(s), and coach may present the case to the Board of Christian Education.

In every case, Christian love, care, and concern should be displayed by all parties in the best interest of the student's well being.

INTERSCHOLASTIC ATHLETICS

Ideally, "A" teams shall be made up of 7th and 8th grade athletes, "B" teams shall be made up of 6th and 7th grade athletes, and "C" teams 5th and 6th grade athletes.

Roster sizes and guidelines are proposed in view of:

1. The difficulties encountered in effectively teaching and

4. Seeks approval of the MOAA Executive Committee before purchasing uniforms or equipment to ensure that funds are available.
5. Distributes information concerning tournaments and camps to appropriate coaches in a timely manner.
6. Meets with coaches regarding expectations, handbook guidelines, conflict resolution, etc.
7. Providing guidelines for coaches concerning playing time, roster limits and discipline.

6. All athletes must attend all practices unless an acceptable reason is given by the parent.
7. **If an athlete is ill for any part of the school day he/she cannot participate in a practice or game that day.**
8. All athletes must abide by the regular physical education dress code during practice and should wear the provided shorts.

CONFLICT RESOLUTION

During the course of an athletic experience, conflicts may arise. It is important that open communications are established and that proper channels are used to resolve conflicts. Please refer to Matthew 18:15-20 prior to taking the following steps:

1. Athlete and coach should make every effort to resolve the conflict.
If unresolved:
2. The student and/or parent(s) and coach should meet to try to

PARENTS' RESPONSIBILITIES

1. Parents must set the example of upholding good manners and sportsmanship during and after all sporting events.
2. Parents are responsible for the training and nurturing of the children God has given them. Parental cooperation is essential in enforcing the athletic code of conduct. When problems arise, athletes, parents and coaches must work together to resolve the issue and, if necessary, share the responsibility in any disciplinary action. It is important to keep open lines of communication between athletes, parents and coaches.
3. Parents must assume the responsibility of picking up their child within 15 minutes after the scheduled activity. Parents are to notify the coach when reasonable exceptions are to be made.
3. Parents will attend the August parent meeting.

4. **Volleyball, Soccer and Cross Country parents** are expected to volunteer their time at a home game in the following areas: line judge or score clock.

Basketball and cheerleading parents are expected to volunteer for concessions, score clock, score book, monitors, clean up at home games, and any tournament.

Parents of athletes are expected to volunteer for any tournament his/her child participates in.

Prior to scheduling, parents will have the opportunity to indicate the preference for the date and the type of volunteer work they would like to do. Parents who do not sign up will be assigned a duty by the MOAA executive committee. It is the parent's responsibility to find a replacement if he/she is not able to work when scheduled.

5. Be willing to accept all responsibility for his/her actions and decisions.
6. Be expected to respond to and respect decisions made by the Athletic Director, MOAA Executive Committee, and Board of Christian Education.
7. Accept responsibility to teach all players with equal emphasis, including the Christian values of sportsmanship, mutual respect and the skills of the sport.
8. Be expected to attend periodic coaches' meetings called by the Athletic Director or MOAA Executive Committee.
9. Be responsible for the distribution, collection, inventorying, cleaning, and storage of the respective uniforms.
10. All coaches must select at least one assistant.

COACH'S RESPONSIBILITIES

Coaching is considered a teaching position and must meet the following qualifications:

1. Be a member in good standing in a WELS Congregation which includes regular church attendance, Bible classes, etc.
2. Be expected to set a Christian example and demonstrate Christian sportsmanship during all practices, games and related activities.
3. Be knowledgeable and well versed in the skills, rules and regulations of the particular sport he/she is coaching.
4. Possess the qualities necessary to work with and instruct children.

ATHLETIC DIRECTOR'S RESPONSIBILITIES

1. Schedules facility usage for the following sports:
 - a. Soccer, grades 5 - 8 (boys & girls)
 - b. Cross Country, grades 3 - 8 (boys & girls)
 - c. Volleyball, grades 5 - 8 (girls)
 - d. Cheerleading, grades 5 - 8 (girls)
 - e. Basketball, grades 5 - 8 (boys & girls)
2. Prepares and distributes the sports calendars, which are approved by the Board of Christian Education.
3. Schedules all events, games, matches, tournaments, and referees.