



FVL Foxes Middle School TRACK TEAM

Boys and girls in grades 5-8 are invited to participate in the FVL Middle School Track Team

Purpose: The FVL Middle School track team gives student athletes the chance to train and compete with potential future FVL classmates and teammates. Participants receive excellent coaching from a Christian perspective in the various events of track and field. Open to boys and girls 5th through 8th grades.



Practices:

Practices will be held on these dates in April and May at FVL.

April 4 from 10:00 -12:00

April 11 from 10:00-12:00

April 18 from 3:30-5:30

April 26 from 3:00 - 5:30

May 2 from 10:00 -12:00

Meets:

The FVL Middle Schools Team* will compete against other local middle schools in a yet-to-be determined meet in May. Participants will still compete for their own grade school at the FVL Schools track meet on May 6.

* For this meet, only students in grades 6-8 are allowed to compete.

Equipment and Uniforms:

A uniform top (a T-shirt) is provided. Participants must bring their own shoes and practice clothing.

Cost: \$30

Registration Deadline:

March 27

Questions:

FVL track coach Isaiah Degner

- idegner@fvlhs.org
- 739-4441 ext. 5135

Register online today at fvlschools.org