# FVL Grade School Track Meet - Order of Events <br> Updated 3/23/22 

## Morning Session - 5 ${ }^{\text {th }}$ and $6^{\text {th }}$ Grade

All times are approximate. If we can get ahead of schedule, we will.

8:20 Coaches' Meeting at the Finish Line with Principal Nolte
8:30 Assemble in Bleachers for Instructions
(50 Trials - Run first, then field events)

| 8:45 5G 50 Trials | $8: 505 B 50$ Trials |
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| 8:55 6G 50 Trials | $9: 006 B 50$ Trials |

8:45 5G Softball Throw on Practice Football Field
8:45 6G Softball Throw on Practice Football Field

Note: 8:45 Field events will end by 10:00

8:45 5B Running Long Jump NE Corner
8:45 6B Running Long Jump NE Corner
9:05 5-6 Girls 1600 Meter Run
9:15 5-6 Boys 1600 Meter Run
(100 Trials - Run first, then field events)

| 9:25 5G 100 Trials 9:35 6G 100 Trials |  | 9:30 5B 100 Trials |  |
| :---: | :---: | :---: | :---: |
|  |  | 9:40 6B 100 Trial |  |
| 9:45 5G 400M | 9:50 5B 400M | 9:55 6G 400M | 10:00 6B 400M |

(50 \& 100 Finals - Run first, then field events)

| 10:05 5G\&B 50 Finals 10:09 5G\&B 100 Finals |  | 10:07 6G\&B 50 Finals |  |
| :---: | :---: | :---: | :---: |
|  |  | 10:12 6G\&B 100 | inals |
| 10:00 5B Softball Throw |  | 10:00 6B Softball Throw |  |
| 10:00 5G Runnin | Long Jump | 10:00 6G Runnin | Long Jump |
| 10:15 5G 800M | 10:22 5B 800M | 10:30 6G 800M | 10:37 6B 800M |
| 10:45 5G 200M | 10:52 5B 200M | 11:00 6G 200M | 11:07 6B 200M |
| 11:15 5G 4x100 | 11:20 5B 4x100 | 11:25 6G 4x100 | 11:30 6B 4x100 |

Note: Relay team members must have matching school colored shirts.

# FVL Grade School Track Meet - Order of Events <br> Updated 3/23/22 

## Afternoon Session - $\mathbf{7}^{\text {th }}$ and $\mathbf{8}^{\text {th }}$ Grade

All times are approximate. If we can get ahead of schedule, we will.

12:40 Coaches' Meeting at the Finish Line with Principal Nolte
12:50 Assemble in the Bleachers for Instructions
1:00 Girls Shot Put - Open to both $7^{\text {th }} \& 8^{\text {th }}$ Grade Girls
1:00 7B Running Long Jump 1:00 8B Running Long Jump
1:00 Girls \& Boys High Jump - Open to both $7^{\text {th }} \& 8^{\text {th }}$ Grade
1:00 Girls 1600 Meter Run - Open to both $7^{\text {th }} \& 8^{\text {th }}$ Grade Girls
$1: 10$ Boys 1600 Meter Run - Open to both $7^{\text {th }} \& 8^{\text {th }}$ Grade Boys
1:25 Girls Open 100M hurdles Trials (30") 1:29 Boys Open 100M hurdles Trials (33")
1:35 7G 100 Trials 1:39 7B 100 Trials 1:43 8G 100 Trials 1:47 8B 100 Trials
2:00 Girls $4 \times 400$ Meter Relay - Combined $7-8^{\text {th }}$ Grade Girls - One team per school
2:10 Boys $4 \times 400$ Meter Relay - Combined $7-8^{\text {th }}$ Grade Boys - One team per school

## Note: Relay team members must have matching shirts.

2:15 7G Running Long Jump 2:15 8G Running Long Jump
2:20 Girls 100H Finals 2:23 Boys 100H Finals
2:267G 100 Finals $\quad 2: 287 B 100$ Finals
2:30 8G 100 Finals $2: 328 B 100$ Finals
2:30 Boys Shot Put - Open to both $7-8^{\text {th }}$ Grade Boys

| $2: 35$ 7G 400 | $2: 407 B 400$ | $2: 458 G 400$ | $2: 508 B 400$ |
| :--- | :--- | :--- | :--- |
| $2: 557 G 200$ | $3: 037 B 200$ | $3: 118 G 200$ | $3: 198 B 200$ |

3:30 Girls Triple Jump - Open (west runway) \& Boys Triple Jump - Open (east runway)

| $3: 307 G 800$ | $3: 37$ 7B 800 | $3: 458 G 800$ | $3: 528$ B 800 |
| :--- | :--- | :--- | :--- |
| $4: 007 G 4 \times 100$ | $4: 057 B 4 \times 100$ | $4: 108 G 4 \times 100$ | $4: 158$ B $4 \times 100$ |

